

| LESSON | GRAMMAR/FUNCTION | VOCABULARY | PRONUNCIATION | | | READING | LISTENING/VIDEO | SPEAKING | WRITING |
|---|--------------------------|---|--|-------------------------|--|--|--|--|--|
| LEAD-IN p6 | | | | | | | | | |
| 1 welcome! B B C VLOGS Where are you from? | | | | | | | | | |
| 1A | Hello p8 | Present simple <i>be: I, you</i> | Hello and goodbye; countries and nationalities | Intonation in greetings | | | Understand people saying 'hello' | Introduce yourself | Write a chat message to introduce yourself; use capital letters, full stops and question marks |
| 1B | Two jobs p10 | Present simple <i>be: he, she, it</i> | Jobs | Word stress in jobs | | Read an article about people with two jobs | | Talk about people and their jobs | |
| 1C | Checking in p12 | How to ... ask and answer simple questions | The alphabet | The alphabet | | | Understand people asking and answering simple questions | Ask and answer simple questions FUTURE SKILLS Self-management | |
| 1D | What's your name? p14 | Singular and plural nouns; <i>a, an; have, has</i> | Common objects | | | | B B C Street Interviews about what's in your bag | Talk about what's in your bag | Write a lost and found post |

UNIT 1 REVIEW p16 SOUNDS AND SPELLING syllables, stress and /ə/; /s/, /z/, /ɪz/ in plurals

| 2 people B B C VLOGS Where are you now? | | | | | | | | | |
|---|---------------------------|---|---------------------------------------|--|--|------------------------------|--|------------------------------------|--|
| 2A | Where are they? p18 | Present simple <i>be</i> : <i>we, you, they</i> | Numbers 11–100; common adjectives (1) | Word stress in numbers | | Read a blog about two people | | Talk about groups of people | |
| 2B | Family and friends p20 | Possessive adjectives | Family; people | Syllables | | | Understand someone talking about their family around the world | Talk about your friends and family | Write a description of a photo; use <i>and</i> |
| 2C | Small talk p22 | How to ... have short conversations | Feelings | Stress in phrases FUTURE SKILLS Self-management | | | Understand short conversations | Have short conversations | |
| 2D | Best Home Cook p24 | <i>wh-</i> questions + <i>be</i> | | | | | B B C Programme <i>Best Home Cook</i> | Ask about three people | Write a message about a friend |

UNIT 2 REVIEW p26 SOUNDS AND SPELLING short and long sounds (1): /ɪ/, /i:/, /ʊ/, /u:/; /w/ and /h/ in question words

| 3 things B B C VLOGS What's your favourite thing? | | | | | | | | | |
|---|-----------------------------|---|-----------------|-----------------|--|---|---|---|---|
| 3A | Favourites p28 | Possessive 's | Things; colours | Possessive 's | | Read a blog about people's favourite things | | Talk about people's things | Write about favourite things; use <i>and</i> , <i>but</i> |
| 3B | What's on your desk? p30 | Present simple <i>have + yes/no</i> questions (<i>I, you, we, they</i>) | Desk objects | Sentence stress | | | Understand a radio phone-in about people's desks | Talk about your desk FUTURE SKILLS Collaboration | |
| 3C | How much is it? p32 | How to ... shop for clothes | Clothes | Intonation | | | Understand conversations about shopping for clothes | Have shopping conversations | |
| 3D | Shopping p34 | Likes, dislikes and opinions | Shops | | | | B B C Street Interviews about people's shopping habits | Ask and answer questions | Write a personal profile |

UNIT 3 REVIEW p36 **SOUNDS AND SPELLING** voiced and unvoiced consonants (1): /p/ and /b/, /k/ and /g/, /t/ and /d/; sounds at the end of words

| 4 every day B B C VLOGS What's your favourite meal of the day – breakfast, lunch or dinner? | | | | | | | | | |
|--|--------------------------|--|---|---------------------------------|--|---|--|---|----------------------------|
| 4A | Time for lunch! p38 | Adverbs of frequency | Food and drink | Word stress | | | Understand people from different countries talking about lunch | Talk about food | Write an email to a friend |
| 4B | A day in the life p40 | Present simple: regular verbs (<i>he, she, it</i>) | Everyday activities (1); telling the time | Third person -s | | Read an article about an influencer's daily routine | | Ask and answer about your daily routine | |
| 4C | Can I have ... ? p42 | How to ... order in a café | Café words | Intonation in <i>or</i> phrases | | | Understand conversations in a café | Order in a café | |
| 4D | Earth From Space p44 | Present simple: <i>yes/no</i> questions (<i>he, she, it</i>) | | | | | B B C Programme <i>Earth From Space</i> | Ask about someone's routine | Write a quiz |

UNIT 4 REVIEW p46 SOUNDS AND SPELLING short vowels: /e/, /æ/, /ʌ/; does: /dʌz/ or /dəz/?

| Lesson | | Grammar/Function | Vocabulary | Pronunciation | | Reading | Listening/Video | Speaking | Writing |
|---|-------------------------|---|---|------------------------------------|--|------------------------------------|---|---|---|
| 5 action B B C VLOGS Tell me about your job. | | | | | | | | | |
| 5A | Good colleagues p48 | Object pronouns | Common verbs (1) FUTURE SKILLS Self-management | Linking with object pronouns | | Read a text about a good colleague | | Talk about people | Write about a good friend; use pronouns |
| 5B | Yes, I can! p50 | <i>can</i> for ability | Verbs of ability | <i>can</i> : weak and strong forms | | | Understand everyday conversations | Do a quiz and talk about your abilities | |
| 5C | Can you help me? p52 | How to ... make requests and offers | Common adjectives (2) | Weak forms: <i>could you</i> | | | Understand people making requests and offers | Make requests and offers | |
| 5D | Birthday! p54 | Ordinal numbers; dates | Months | | | | B B C Street Interviews about birthdays | Talk about your birthday | Write about your birthday |

UNIT 5 REVIEW p56 SOUNDS AND SPELLING voiced and unvoiced consonants (2): /f/ and /v/, /θ/ and /ð/; silent e (1): /ɪ/ to /aɪ/

| | | | | | | | | | |
|---|------------------------------|---|--|--|--|-----------------------------------|---|--------------------------------|--|
| 6 where? B B C VLOGS Where are you and what can you see? | | | | | | | | | |
| 6A | Lost p58 | Prepositions of place | Rooms and furniture FUTURE SKILLS Self-management | Sentence stress | | Read an article about lost things | | Say where things are | |
| 6B | A great place to live p60 | <i>there is, there are</i> | Places in town (1) | Linking with <i>there</i> | | | Understand people talking about their neighbourhood | Talk about your perfect town | Write a post about your area; use commas |
| 6C | Where are you? p62 | How to ... ask where a place is | Places in town (2); signs in buildings | Weak forms with <i>to, of</i> and <i>the</i> | | | Understand conversations about finding a place | Ask where a place is | |
| 6D | The Travel Show p64 | <i>the</i> | | | | | B B C Programme <i>The Travel Show</i> | Talk about six hours in a city | Describe a city tour |

UNIT 6 REVIEW p66 SOUNDS AND SPELLING voiced and unvoiced consonants (3): /s/ and /z/, /ʃ/ and /ʒ/; /tʃ/ and /dʒ/

| | | | | | | | | | |
|---|--------------------------|--|-------------------------|---|--|---|--|--|-----------------------------------|
| 7 healthy lives B B C VLOGS Do you eat healthy food? | | | | | | | | | |
| 7A | The little things p68 | Present simple: <i>wh-</i> questions | Everyday activities (2) | Sentence stress | | | Understand a podcast about things that make people happy and healthy | Ask about everyday activities | Write an online post; punctuation |
| 7B | Heroes p70 | <i>was, were</i> | Common adjectives (3) | Weak and strong forms: <i>was, were</i> | | Read an article about people's childhood heroes | | Ask about famous people | |
| 7C | What's wrong? p72 | How to ... say you're not well | Parts of the body | Word stress | | | Understand conversations about not feeling well | Have conversations about health problems | |
| 7D | Focus on fitness p74 | Imperatives | Sports and exercise | | | | B B C Street Interviews about keeping fit | Do a sport and exercise survey | Write a Top Tips post |

UNIT 7 REVIEW p76 SOUNDS AND SPELLING consonants: /b/, /v/, /w/, /l/ and /r/; silent e (2): /æ/ to /eɪ/

| | | | | | | | | | |
|--|------------------------------|--|------------------------------------|-------------------------------|--|---|--|--------------------------------------|--|
| 8 time out B B C VLOGS How was your last holiday? | | | | | | | | | |
| 8A | Weekend break p78 | Past simple: regular verbs | Common verbs (2) | - <i>ed</i> endings | | | Understand someone talking about a weekend break | Talk about past actions | |
| 8B | Going out, staying in p80 | Past simple: irregular verbs | Free-time activities; time phrases | Silent letters: <i>didn't</i> | | Read a group chat about people's weekends | | Talk about past activities | Write a group chat; linkers: <i>and, but, then</i> |
| 8C | A ticket to ... ? p82 | How to ... buy a travel ticket | Transport and tickets | Word stress in prices | | | Understand conversations about buying travel tickets | Ask for travel information | |
| 8D | Kodo drummers p84 | <i>want, would like</i> | | | | | B B C Programme <i>Kodo drummers</i> | Talk about something you want to try | Complete a questionnaire |

UNIT 8 REVIEW p86 SOUNDS AND SPELLING short and long sounds (2): /æ/, /ɑ:/, /ɒ/, /ɔ:/, /ə/ and /ɜ:/; silent e (3): /ɒ/ to /əʊ/