**3. VOCABULARY 1 PRACTICE**

1. traumatic
2. set apart
3. perceive
4. predict
5. poverty
6. emerge
7. threat
8. trait
9. elements
10. enable

**4. CRITICAL THINKING VIDEO Justifiying your opinion of a text**

1. justifying your opinion
2. No
3. No
4. Read more articles and reports on the topic.
5. Look for articles on the effects of space on astronauts.
6. Find online studies on the effects of green tea on humans.
7. Read articles about the childhoods of really creative people.
8. Research the ingredients of the product.

**5. READING COMPREHENSION Healthy Optimists**

1. Optimists are more likely to live longer, healthier lives.
2. perceives failure negatively
3. more
4. They believe goals are achievable.
5. depressed
6. Pessimistic students believed passing an exam was due to luck.
7. attitude
8. Less stress can cause people to have fewer illnesses.

**6. READING SKILL Using referents to understand contrast**

1. people who look at failure as something horrible
2. optimists not getting sick as often as pessimists
3. optimists
4. having a clear plan and working harder
5. pessimistic students in the study
6. having a positive outlook
7. having reduced risk of getting cancer and heart disease

**8. VOCABULARY 2 PRACTICE**

|  |  |
| --- | --- |
| 1. My oldest brother took the **role** of referee in our soccer game. | a part a person plays |
| 2. The chef's **goal** is to open his own restaurant. | someone's purpose or aim |
| 3. Felicia is **determined** to do well on her next exam. | firmly decided to succeed at something hard |
| 4. Her **distinctive** jacket showed that she was the leader. | not like anyone or anything else |
| 5. One second is a **significant** amount of time for runners. | important or big enough to notice |
| 6. Alfonso **conquered**his fear of the dark by exploring caves. | defeat or win against something |
| 7. She worked hard to **earn** a promotion. | work to deserve something |
| 8. The hurricane was the **ultimate** test of our safety plan. | greatest or best |

**9. VOCABULARY SKILL Using the dictionary to find the correct meaning**

1. to completely destroy something
2. to have to deal with something unpleasant
3. the function that something or somebody has in society
4. to get money for work that you do
5. to come together formally in order to discuss something
6. an increase in an amount, a number, or a level

**10. WRITING SKILL Writing a narrative essay**

1. True
2. False
3. False
4. True
5. True
6. False
7. False
8. True

**11. GRAMMAR Shifts between past and present time frames (1)**

     The riskiest thing I've ever done happened last year on vacation. About six months before the trip, I had attended a workshop called, "Enjoying International Vacations." After the workshop, my friend Jack and I decided to travel to New Zealand.   
     A few days after our arrival in Queenstown, Jack asked me if I wanted to try bungee jumping. That's where you jump from a high place connected to a long cord that catches you when you fall. He told me he had seen an advertisement for bungee jumping off the Kawarau Bridge. I told Jack, "I'm sorry, but there is no way that I’m going to jump off a bridge!" He decided he would jump by himself.   
     I  went with him to watch. When we got to the bridge, I started to feel a combination of nervousness and excitement. Jumping actually looked like fun. When I talked to one young woman coming back from her jump, she was so excited that she could hardly speak. An hour later, I couldn’t believe what I was doing! I signed up to jump.   
    Finally, it was my turn to jump. I was more scared than I can ever remember, but I did it. Words can’t even describe the feeling I had after jumping. I was happy and excited, but also proud of myself for taking the risk. It was one of the most thrilling moments of my life!

**12. GRAMMAR Shifts between past and present time frames (2)**

1. decided
2. had learned
3. had known
4. had wilted
5. had cooked
6. had saved
7. enjoyed
8. had forgotten

**16. TRACK YOUR SUCCESS Vocabulary review**

|  |  |  |
| --- | --- | --- |
| **Nouns** | **Verbs** | **Adjectives** |
| * element * poverty * trait * goal * role | * emerge * enable * predict * perceive * conquer | * traumatic * determined * distinctive * significant * ultimate |