**3. VOCABULARY 1 PRACTICE**

1. Why are you so tired?
2. Really? Does he eat a lot of junk food?
3. That's a good idea. Sugar is bad for you.
4. You're right. He works too hard.
5. Yes, I don't have any friends here.
6. Yes, I am! I have a test tomorrow, and I'm not ready!
7. You're right. She always finishes her homework early and has free time on the weekends.

**4. LISTENING COMPREHENSION**

1. an exercise expert
2. start slowly
3. do exercise that you like
4. play tennis
5. write down exercise appointments
6. swim and play soccer
7. exercise with a friend

**5. LISTENING SKILL Listening for frequency**

1. never exercise
2. twenty to thirty minutes a day
3. three times a week
4. hardly ever
5. four times a week
6. three times a week
7. every Saturday

**6. NOTE-TAKING SKILL Taking notes in a chart**

1.  Your friend discusses the pros and cons of studying abroad. T-chart

2.  Four coworkers talk about their daily schedules. bigger chart

3.  Two friends discuss the three sports they like best and why. bigger chart

4.  Your teacher discusses the world's top five countries for producing coffee. T-chart

5.  Your teacher discusses three novels and how the main characters are similar and different. bigger chart

6.  Two parents discuss with their child the pros and cons of two universities. bigger chart

**8. VOCABULARY 2 PRACTICE**

1. produce
2. exercise
3. control
4. healthy
5. depends on
6. vitamins
7. pills

**10. BUILDING VOCABULARY Adjectives ending in –ed**

1.  I'm so excited about our trip!

2.  You look tired . You need to sleep more.

3.  Tennis doesn't really interest me. I like soccer.

4.  She is always confused in her math class.

5.  He likes to relax on the beach every Saturday.

6.  John doesn't worry about his job.

7.  I'm bored . I don't like exercising at the gym.

8.  Are you interestedin going swimming with us?

9.  I'm surprised you don't want to join the book club. You love to read!

**11. GRAMMAR Modals can and should**

1. should
2. can't
3. can
4. should
5. can
6. should
7. can
8. shouldn't

**12. GRAMMAR EXPANSION Modals have to and has to**

1.  You have to stop eating junk food. It's not healthy.

2.  I have to go to the gym in the morning. I work in the afternoon.

3.  Anna has to learn how to manage her schedule. She doesn't manage it very well.

4.  You should exercise three or four times a week. You don't have to exercise every day.

5.  John and Emma have to call the doctor. Their son is very sick.

6.  I don't have to prepare dinner tonight. My roommate wants to cook tonight.

7.  He doesn't have to work today. His office is closed today.

8.  We don't have to take tennis lessons. We play tennis very well.

**17. TRACK YOUR SUCCESS Vocabulary review**

|  |  |  |
| --- | --- | --- |
| **Nouns** | **﻿﻿Verbs and verb phrases** | **﻿Adjectives** |
| * diet * energy * pill * stress * vitamin | * depends on * exercise * manage * produce * reduce | * healthy * lonely * run-down |