**2. NOTE-TAKING SKILL Taking notes about events**

|  |  |
| --- | --- |
| **Advantages** | **Disadvantages** |
| * At college, you can be more independent. * You will meet new friends. * You can study things you are really interested in. * You can try new things. | * You will be away from family and friends. * There will be many changes all at once. * Some things, such as doing laundry, are less convenient. * You may miss the cooking at home. |

**4. VOCABULARY 1 PRACTICE**

|  |  |
| --- | --- |
| 1. to make something very messy | turn upside down |
| 2. a sharp hit or the sound it makes | knock |
| 3. in the end; after a long time | eventually |
| 4. to build or make | put together |
| 5. the power to affect, change, or control someone or something | influence |
| 6. to leave your job, school, etc. | quit |
| 7. in contrast to | as opposed to |
| 8. to deal with or control someone or something | handle |

**5. LISTENING COMPREHENSION Change and stress**

1. college students
2. illness and depression
3. psychiatrists who studied stress and illness
4. The changes that cause the most stress change over your lifetime.
5. changes in sleeping habits
6. Stop worrying about things you can't control.
7. Talk to a roommate or friend.
8. watching TV

**6. LISTENING SKILL Listening for time markers**

1. First
2. Back
3. then
4. Now
5. This
6. Four

**7. CRITICAL THINKING VIDEO Summarizing information you hear**

1. expressing the main idea with a few important details.
2. short and only uses the key points of the lecture.
3. will not work as a summary.
4. to write a summary after a minute.
5. There are many ways that change can help us grow.
6. copying the exact words of another.
7. Whitewater rafting can be enjoyable, but there are things you need to do to be careful.
8. What you do before you move is important to make sure your move goes smoothly.

**9. VOCABULARY 2 PRACTICE**

1. cope
2. research
3. support themselves
4. unemployed
5. struggle
6. wages
7. permanent
8. informed

**10. VOCABULARY SKILL Using a word web**

|  |  |
| --- | --- |
| 1. | There's been a shift in the way schools teach math. |
| 2. | I shifted the bags to the floor. |
| 3. | Use the shift key to make a capital letter. |
| 4. | Leon works the night shift. |
| 5. | She shifted into a lower gear to drive up the mountain. |

**11. GRAMMAR Tag questions**

|  |  |
| --- | --- |
| 1. Dan is a good student, | isn't he? |
| 2. We shouldn't ever lie, | should we? |
| 3. Even poor children have a right to go to school, | don't they? |
| 4. You can speak Spanish, | can't you? |
| 5. Your parents haven't been to Ethiopia, | have they? |
| 6. Rob isn't studying at the library, | is he? |
| 7. Buying fairtrade coffee helps other people, | doesn't it? |
| 8. It isn't going to rain later, | is it? |

**12. GRAMMAR EXPANSION Additions with conjunctions**

1. is too
2. doesn't either
3. didn't either
4. do too
5. aren't either
6. can too
7. did too
8. couldn't either
9. wasn't either
10. hasn't either

**13. PRONUNCIATION Intonation in tag questions**

1. falling
2. falling
3. rising
4. falling
5. rising
6. rising
7. falling
8. rising

**14. SPEAKING SKILL Asking for and giving reasons**

|  |  |  |
| --- | --- | --- |
| **Giving a reason** | **Giving several reasons** | **Asking for reasons** |
| * because * due to * That's why * The reason is * because of | * First of all * Also * Another reason is * Finally | * Why do you think that? * What are your reasons for saying that? * Can you explain why you think so? |

**17. TRACK YOUR SUCCESS Vocabulary review**

|  |  |  |
| --- | --- | --- |
| **﻿Nouns** | **﻿﻿Verbs and verb phrases** | **﻿Adjectives** |
| * resource * influence * research * wages * knock | * quit * support (oneself) * cope * found * handle * put together | * exhausted * informed * permanent * unemployed |